

SANDWICHES

Nutritional Information

	Serving Size	Calories	Fat	Sat. Fat	Chlor.	Sodium	Carbs	Sugars	Protein
BLT	1 sandwich	610	38	11	55	1120	40	4	25
Creamed Turkey Sandwich	1 sandwich	190	3	1	35	550	25	3	15
Fish Sandwich	1 sandwich	650	43	8	50	950	38	9	25
Gourmet Three Cheese Sandwich	1 sandwich	400	17	10	55	850	40	3	21
Grilled Cheese Sandwich	1 sandwich	320	12	6	20	730	40	4	11
Hot Beef Sandwich	1 sandwich	570	18	8	70	1760	63	4	32
Hot Meatloaf Sandwich	1 sandwich	680	21	7	70	2500	90	37	27
Hot Turkey Sandwich	1 sandwich	540	5	2	75	1370	82	3	34
Meatloaf Stacker	1 sandwich	680	21	7	70	2500	90	37	27
Prime Rib Sandwich	1 sandwich	1020	66	28	220	1900	22	2	54
Perch Sandwich	1 sandwich	430	19	3.5	45	1230	45	6	19
Philly French Dip	1 sandwich	660	31	16	120	910	52	4	43
Reuben Sandwich	1 sandwich	500	16	6	75	2110	50	2	35
Roast Beef Sandwich	1 sandwich	350	17	8	70	290	22	3	27
Slim Gem	1 sandwich	1170	83	21	100	2100	59	4	40
Tuna Melt	1 sandwich	670	45	15	65	1410	43	8	23
Tuna Sandwich	1 sandwich	460	26	5	35	800	42	6	17
Turkey Club Sandwich	1 sandwich	730	43	13	130	1070	42	4	44
Turkey Melt	1 sandwich	440	19	9	65	1260	42	5	24
Turkey Reuben Sandwich	1 sandwich	550	22	9	80	2160	57	17	31

Allergens

	WHEAT	SOY	MILK	EGG	FISH	TREE NUTS	PEANUTS	SHELLFISH	NO ALLERGENS
BLT	WHEAT	SOY		EGG					
Creamed Turkey Sandwich	WHEAT	SOY							
Fish Sandwich	WHEAT	SOY	MILK	EGG	FISH				
Gourmet Three Cheese Sandwich	WHEAT	SOY	MILK	EGG					
Grilled Cheese Sandwich	WHEAT	SOY	MILK						
Hot Beef Sandwich	WHEAT	SOY	MILK						
Hot Meatloaf Sandwich	WHEAT	SOY	MILK	EGG					
Hot Turkey Sandwich	WHEAT	SOY	MILK						
Meatloaf Stacker	WHEAT	SOY	MILK	EGG					
Prime Rib Sandwich	WHEAT	SOY							
Perch Sandwich	WHEAT	SOY	MILK	EGG	FISH				
Philly French Dip	WHEAT	SOY	MILK						
Reuben Sandwich	WHEAT	SOY	MILK						
Roast Beef Sandwich	WHEAT	SOY							
Slim Gem	WHEAT	SOY	MILK	EGG					
Tuna Melt	WHEAT	SOY	MILK	EGG	FISH				
Tuna Sandwich	WHEAT	SOY		EGG	FISH				
Turkey Club Sandwich	WHEAT	SOY	MILK	EGG					
Turkey Melt	WHEAT	SOY	MILK						
Turkey Reuben Sandwich	WHEAT	SOY	MILK	EGG					

All products are made in a facility that processes food containing all eight primary allergens.