

SALADS

Nutritional Information

	Serving Size	Calories	Fat	Sat. Fat	Chlor.	Sodium	Carbs	Sugars	Protein
Caesar Salad	1 salad	250	17	7	30	800	20	1	13
Chicken Poppyseed Salad	1 scoop	340	27	5	65	640	13	11	12
Chicken Salad	1 scoop	340	27	6	155	580	4	3	13
Juienne Salad	1 salad	390	19	7	285	1130	21	4	26
Michigan Cherry Chicken Salad	1 salad	480	21	6	95	910	36	23	34
Mini Gourmet Salad	1 salad	430	21	6	255	550	29	8	30
Southwest Salad	1 salad	390	18	5	25	340	31	9	12
Taco Salad	1 salad	580	31	13	85	980	47	5	32
Tossed Salad	1 salad	140	9	5	25	180	8	2	8
Tuna Salad	1 salad	580	40	7	280	1000	23	8	25
Tuna Salad Scoop	5 oz scoop	360	32	6	50	630	4	4	15
Turkey Salad	1 salad	580	33	6	280	1160	40	11	27
Turkey Salad Scoop	1 scoop	360	25	4.5	50	760	20	4	16

Allergens

	WHEAT	SOY	MILK	EGG	FISH	TREE NUTS	PEANUTS	SHELLFISH	NO ALLERGENS
Caesar Salad	WHEAT	SOY	MILK						
Chicken Poppyseed Salad		SOY	MILK						
Chicken Salad		SOY		EGG					
Juienne Salad	WHEAT	SOY	MILK	EGG					
Michigan Cherry Chicken Salad	WHEAT	SOY	MILK	EGG		TREE NUTS			
Mini Gourmet Salad	WHEAT	SOY	MILK	EGG					
Southwest Salad			MILK						
Taco Salad			MILK						
Tossed Salad			MILK						
Tuna Salad		SOY		EGG	FISH				
Tuna Salad Scoop		SOY		EGG	FISH				
Turkey Salad	WHEAT	SOY	MILK	EGG					
Turkey Salad Scoop	WHEAT	SOY		EGG					

All products are made in a facility that processes food containing all eight primary allergens.

DRESSINGS

Nutritional Information

	Serving Size	Calories	Fat	Sat. Fat	Chlor.	Sodium	Carbs	Sugars	Protein
Blue Cheese Dressing	2 oz cup	250	26	9	40	490	3	2	3
Caesar Dressing	2 oz cup	340	37	7	35	350	1	0	0
Fat Free Cherry Vinaigrette	2 oz cup	130	0	0	0	180	32	25	0
Fat Free Raspberry Vinaigrette	2 oz cup	60	0	0	0	490	14	12	0
French Dressing	2 oz cup	150	9	1.5	0	400	21	20	0
Honey Mustard Dressing	2 oz cup	160	0	0	0	350	36	33	0
Lo-Cal French Dressing	2 oz cup	50	4	.5	0	350	3	2	0
Ranch Dressing	2 oz cup	200	21	4	20	490	4	4	1
Southwest Ranch Dressing	2 oz cup	160	17	3	10	540	3	3	1
Sweet and Sour Dressing	2 oz cup	220	19	1.5	0	290	18	17	0
Thousand Island Dressing	2 oz cup	200	19	3.5	30	290	5	4	1

Allergens

	WHEAT	SOY	MILK	EGG	FISH	TREE NUTS	PEANUTS	SHELLFISH	NO ALLERGENS
Blue Cheese Dressing		SOY	MILK	EGG	FISH				
Caesar Dressing		SOY	MILK	EGG	FISH				
Fat Free Cherry Vinaigrette									NO ALLERGENS
Fat Free Raspberry Vinaigrette									NO ALLERGENS
French Dressing		SOY							
Honey Mustard Dressing									NO ALLEGENS
Lo-Cal French Dressing		SOY							
Ranch Dressing		SOY	MILK	EGG					
Southwest Ranch Dressing		SOY	MILK	EGG					
Sweet and Sour Dressing									NO ALLERGENS
Thousand Island Dressing		SOY		EGG	FISH				

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