

SIDES/MUNCHIES

Allergens

	WHEAT	SOY	MILK	EGG	FISH	TREENUTS	PEANUTS	SHELLFISH	SESAME	NO ALLERGENS
Applesauce										NO ALLERGENS
Baked Au Gratin Potatoes		SOY	MILK							
Baked Potato										NO ALLERGENS
Butternut Squash		SOY	MILK							
Caesar Salad	WHEAT	SOY	MILK							
California Blend		SOY	MILK							
Chicken Strips (Munchies)	WHEAT									
Cole Slaw				EGG						
Corn		SOY	MILK							
Dinner Roll	WHEAT	SOY	MILK							
Dinner Salad	WHEAT	SOY								
French Fries	WHEAT									
Fried Clams	WHEAT	SOY	MILK					SHELLFISH		
Fried Mushrooms	WHEAT		MILK							
Garden Blend Rice		SOY	MILK							
Garden Salad	WHEAT	SOY	MILK							
Garlic Bread	WHEAT	SOY	MILK							
Green Beans		SOY	MILK							
Macaroni and Cheese	WHEAT	SOY	MILK							
Mashed Potatoes			MILK							
Mashed Potatoes w/Beef Gravy	WHEAT	SOY	MILK							
Mashed Potatoes w/Turkey Gravy			MILK							
Mozzarella Cheese Sticks	WHEAT		MILK							
Onion Rings	WHEAT		MILK							
Potato Wedges		SOY	MILK							
Stuffing	WHEAT	SOY	MILK							
Sweet Potato Fries										NO ALLERGENS

All products are made in a facility that processes food containing all nine primary allergens.

SIDES/MUNCHIES

Nutritional Information

	Serving Size	Calories	Fat	Sat. Fat	Chlor.	Sodium	Carbs	Sugars	Protein
Applesauce	5 oz	260	0	0	0	60	66	65	0
Au Gratin Potatoes	5 oz	150	5	2.5	0	670	25	2	2
Baked Potato	1 potato	160	0	0	0	15	37	2	4
Butternut Squash	4 oz	150	9	3.5	0	670	20	15	1
Caesar Salad	1 salad	210	6	1.5	0	320	14	1	2
California Blend	4 oz	45	0.5	0	0	55	10	2	2
Chicken Strips (Munchies)	3 pieces	470	27	4.5	75	1070	26	2	32
Cole Slaw	5 oz	270	13	2	15	680	39	34	1
Corn	4 oz	130	2	0	0	15	26	6	4
Dinner Roll	1 roll	140	2.5	1	0	300	26	4	4
French Fries	1 side	340	16	4	0	1490	46	1	4
Fried Clams	1 side	610	37	8	45	1940	55	4	17
Fried Mushrooms	1 side	200	7	1	0	670	28	3	6
Garden Blend Rice	5 oz	170	4	1.5	0	0	29	2	3
Garden Salad	1 salad	180	10	3.5	15	380	17	3	6
Garlic Bread	1 slice	260	13	5	0	370	31	3	5
Green Beans	4 oz	25	0.5	0	0	280	4	2	0
Macaroni and Cheese	7.5 oz	490	23	11	40	1100	61	9	16
Mashed Potatoes	5 oz	90	0	0	0	530	16	0	2
Mashed Potatoes with Beef Gravy	8 oz	110	0	0.5	0	840	16	1	1
Mashed Potatoes with Turkey Gravy	8 oz	140	2.5	0.5	5	430	26	1	3
Mozzarella Cheese Sticks	8 sticks	650	32	18	85	2390	48	1	35
Onion Rings	10 rings	270	14	2	0	770	23	4	4
Potato Wedges (munchie)	1 potato	500	28	15	75	530	43	2	26
Sweet Potato Fries	6 oz	290	15	2	0	890	42	14	0